

Life wheel



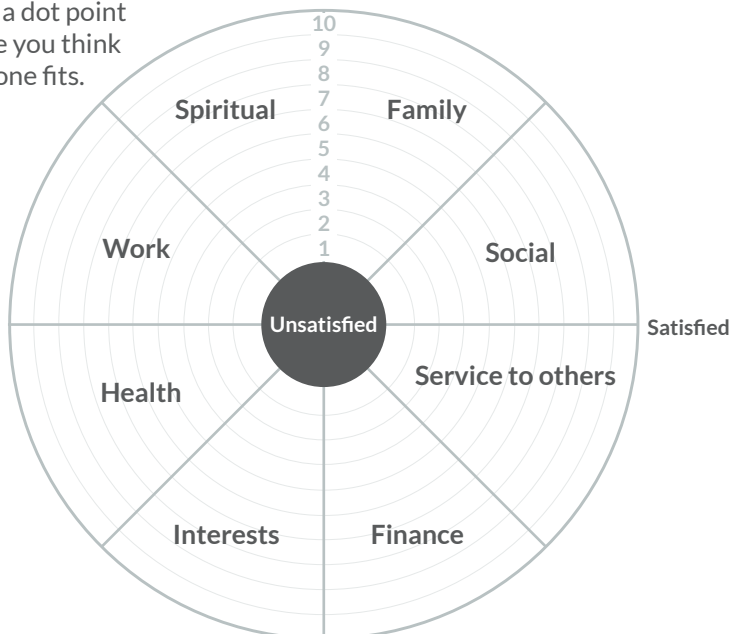
The Life Wheel is designed to discover areas in your life that are going great and other areas that you may need to set goals in improving.

Put a dot in the sections in the wheel that you are happy with in life.



Rate your satisfaction of each section on a scale of 0-10.

Place a dot point where you think each one fits.



Identify three areas you would like to set goals in?