

Identity

Developing supportive peer networks

Course Duration – 1 Day

Course Cost – \$750 pp

CLF level Alignment



M MDF Alignment



Prerequisite

N/A

Overview

How do we define and determine who we are? How do we relate to others and develop supportive peer networks? How do we take what can be grey and confusing, and apply a framework of understanding so that we can become the best version of ourselves? Identity is the birthplace to understanding this. We dive into concepts about who we are, what we stand for, what we want to be known for, and then find ways to connect to others. By seeing identity as the collection of stories we tell ourselves, about our past, present and future, this workshop empowers people to create an identity that inspires them to turn up to life and work as their best self, and to connect with others to the same end.

Who should attend this course?

This course is for leaders who want to explore identity through the lens of the stories we tell ourselves about our past, present and future. The aim here is to broaden your views on leadership to be motivated and inspired to embrace change and lead from the front developing supportive peer networks.

Learning Outcomes

Exploring your core values, ethical approach, and focus on key mindsets and associated behaviors. Practical tools to focus on goal setting and planning, helping you to build capability around productivity and personal efficiency. Looking at the importance of the conversations and decisions we're having/making as an individual and look at how that aligns with your strategic direction.

<p>Learn About:</p> <ul style="list-style-type: none"> ◆ The power of belief and mind-set in identity development. ◆ The impact of values on our identity, and how to live a life that aligns with our value. ◆ Creating a healthy identity by exploring the stories of our past, present and future using proven and applies techniques from psychology. ◆ The science of connections to others; how we are wired, and how best to operate. 	<p>Learn To:</p> <ul style="list-style-type: none"> ◆ Understand yourself or your team in terms of your stories. ◆ Find the best words to describe who you are, where you have been and where you are going. ◆ Understand the past and the methods of finding peace with the past events/ ◆ Connect to the present through mindfulness and gratitude. ◆ Connect with others in a meaningful and sustained way as to build strong networks.
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Topics covered from the Middle Management Development Framework

- ◆ Developing supportive peer networks

How to enrol?

[Click here](#) to download OCPE Course Enrolment Form.

Completed enrolment forms are to be emailed to: swpd.ocpe@nt.gov.au.

To find out more about this course contact:

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