

# Reflections on Professional Self

Reflecting on where you are in your career and where you would like to be in the future

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**Course Duration** – 1 Day

**Course Cost** – \$450 pp

**CLF level Alignment**



**MMDF Alignment**



## Overview

Australians typically don't reflect on their personal or professional journey until something goes wrong. Rather than wait for the wheels to wobble or fall off you are invited to attend this thought provoking and practical workshop designed to give you greater insight into your professional passage to this point.

It was noted business writer and thinker Peter Drucker who said that 'understanding self is the new frontier'. A critical element to navigate the frontier is to reflect on what you have undertaken so far and importantly to consider the lessons learned.

This can be done through a range of tools and processes however finding the time and space to do this effectively is a challenge. This one day workshop will give you the opportunity, techniques as well as the professional support to do this.

## Who should attend this course?

This course is designed to provide a 'step away' from the pressures of everyday work and provide an opportunity for experienced managers to reflect on their leadership and gain broader perspectives on being a leader that others will trust, look up to and want to follow.

## Topic Covered

- ◆ What is your life story so far?
- ◆ Understanding your 'worldview'
- ◆ What are your internal compasses?
- ◆ Understanding self and others through the lens of the MBTI and VIA
- ◆ Reflections of your professional life so far
- ◆ Identified strengths and areas for improvement
- ◆ The pathway forward

## Learning Outcomes

- ◆ Appraise own skills and abilities
- ◆ Set well-defined goals, monitor progress, and motivate self
- ◆ Examine personal beliefs and measure them against the beliefs of others
- ◆ Understand self as part of larger community
- ◆ Be accountable for actions and their impacts on others
- ◆ Appreciate and reflect on new ideas in a spirit of open interaction
- ◆ Seek and acquire information and knowledge to achieve academic, career, and personal success as a lifelong learner

## Prerequisite

N/A

## Middle Manager Development Framework Alignment

- ◆ Reflections of Professional Self

## How to enrol?

[Click here](#) to download the OCPE Course Enrolment Form.

Email completed enrolment forms to: [swpd.ocpe@nt.gov.au](mailto:swpd.ocpe@nt.gov.au).

## To find out more about this course contact:

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