

Reflections on Team Leadership

The quality of a team is a direct reflection of the leader

Course Duration – 2 Days

Course Cost – \$1,050 pp (includes Values Pendulum® tool)

CLF level Alignment



Middle Manager Development Framework Alignment



Overview

Creating a team can be a difficult and sometimes frustrating experience, and the pride of achieving success is directly connected to the effort required to overcome great obstacles. In the end, leading or being a member of a successful team can be intensely satisfying, and can create a bond between team members that is unlike any other.

There's nothing like the satisfaction of helping an individual or team reach their goals and perform at their best. However, being a manager means you also have to deal with the tough issues that can cause you to lose sleep.

The focus of this training will centre around: understanding how humans process and make sense of their world; how leadership specifically impacts our perception of self; what we hold to be "true" of our environment and people in our environment; our development of values and attitudes; and how our individual differences impact the way we lead.

Who should attend this course?

If you would like to develop your leadership skills and understand your own leadership identity and style and how this impacts your teams culture, performance and cohesiveness then this is a must do training.

Topic Covered

- ◆ The Values Pendulum Model and its Influence on Leadership
- ◆ Foundations of Human Behaviour
- ◆ External Impacts on Human Behaviour
- ◆ Motivational Drivers of Self and Others
- ◆ Understanding Action Levels
- ◆ Active Reflection

Learning Outcomes

At the conclusion of this course, participants will be able to:

- ◆ Understand their own and others' intrinsic and extrinsic motivations as leaders.
- ◆ Gain a greater understanding of their own personal identities and how their identities shape their leadership.
- ◆ Apply and practice team leadership through active group participation for greater collaboration and outcomes.
- ◆ Use their minds, their hearts, their voices, and their ears to constructively engage with and positively influence others and effectively lead teams.
- ◆ Understand the way in which they interpret their world and the external influences on the creation of their underlying values, attitudes and beliefs.
- ◆ Understand the seven main lenses through which people perceive their world and how these different lens result in various ways of communicating and relating with others, and managing self and leading others.
- ◆ Reflect on their own behaviour for the purposes of adjusting their management style to ensure improved leadership.

Prerequisite

Completion of your own individual **Values Pendulum®** profile prior to workshop attendance. Values Pendulum® is a contemporary and cutting-edge model that combines principles central to Developmental Psychology, Neuroplasticity, and Human Energy Systems, resulting in a holistic view of human growth and its complexity in an ever-changing, dynamic environment.

Participants will receive an email prior to course participation with instructions on how to access and complete the tool. On average, it takes 20 minutes to complete the diagnostic online and you receive your report via email within approximately 15 minutes. Please read your profile report and bring a printed copy along to Day 1 and Day 2 of the training

Middle Manager Development Framework Alignment

- ◆ Reflections on Team Leadership

To find out more about this course contact:

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