

## Reflections on Professional Self

**Course Duration** – 1 Day

**Course Cost** – \$450 pp

**CLF level Alignment**



**MMDF Alignment**



**Prerequisite**

N/A

**Overview**

An essential first step in becoming an effective manager or leader is having a reasonable understanding of what makes you tick. This doesn't mean that you have to sit cross legged in a corner somewhere but rather go a relatively straightforward journey exploring those things you like and dislike at work, those things that motivate you and others and importantly reflecting in the life lessons learned so far. By doing this with others it can be an enjoyable and rewarding process as you realise we all have talents...as well as areas to improve.

**Who should attend this course?**

To paraphrase the noted business thinking and writer Peter Drucker, the new frontier for management development is understanding self. This session is guaranteed to benefit any current or aspiring manager and leader who is wanting to have credibility, trust and respect from their colleagues.

**Topics Covered**

- ◆ What is your life story so far?
- ◆ Understanding your 'worldview'
- ◆ What are your internal compasses?
- ◆ Understanding self and others through the lens of the MBTI and VIA
- ◆ Reflections on your professional life so far.

## Reflections on Professional Self

- ◆ Identified strengths and areas for improvement
- ◆ The pathway forward

### Learning Outcomes

At the conclusion of this course, participants should be able to:

- ◆ Recognise the many that they and others have
- ◆ Identify their personal strengths and how to harness these
- ◆ Explore areas for development that will enhance their career
- ◆ Be more comfortable undertaking personal reflection

### Other Information

It is understood that some potential attendees will have undertaken courses like this however there is enormous value doing something like this again and again as we grow, develop and change as workers, managers, parents and colleagues.

### Topics covered from the Middle Management Development Framework

- ◆ Reflections on Professional Self

### How to enrol?

[Click here](#) to download the OCPE Course Enrolment Form.

Completed enrolment forms are to be emailed to: [swpd.ocpe@nt.gov.au](mailto:swpd.ocpe@nt.gov.au).

### To find out more about this course contact:

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