



'I GROW' Mentee Record

'I GROW'																																										
Personal Data	Date:	Mentor Name:	Employee Name:																																							
I ssue Refer to 'Life Wheel'																																										
G oal Dreams, aspiration																																										
R eality Barriers to achieving goal (e.g. lack of education, community problems, lack confidence, no money)																																										
Overall motivation to achieve the goal	0 1 2 3 4 5 6 7 8 9 10																																									
O ptions	<table border="1"> <thead> <tr> <th>No.</th> <th>Explore different options with the mentee</th> <th>✓</th> </tr> </thead> <tbody> <tr> <td>1</td> <td></td> <td></td> </tr> <tr> <td>2</td> <td></td> <td></td> </tr> <tr> <td>3</td> <td></td> <td></td> </tr> <tr> <td>4</td> <td></td> <td></td> </tr> <tr> <td>5</td> <td></td> <td></td> </tr> </tbody> </table>			No.	Explore different options with the mentee	✓	1			2			3			4			5			Mentor Notes																				
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